

BONE MINERAL DENSITY QUESTIONNAIRE

Today's Date: _____

Last Name: _____ First Name: _____

Date of Birth: _____ Sex: ☐ Female ☐ Male

Ethnic Origin: ☐ African American ☐ White, Caucasian ☐ Hispanic ☐ Asian ☐ Other

Height: _____ Weight: _____

1. Have you had barium or IV contrast for any X-Ray, CT, or Nuclear Medicine exam in the past week? Y / N
2. Do you have family history of Osteoporosis? Y / N
3. Have you had previous bone density exam? Y / N

When: _____

Where: _____

4. Have you had any of the following back or hip conditions? Check all that apply.

☐ Back Surgery ☐ Left / Right Hip Surgery
☐ Curvature of the spine ☐ Broken Vertebrae Prosthesis
☐ Other, Please specify: _____

5. Have you been diagnosed with any of the following conditions? Please check all that apply.

☐ Hyperthyroid (overactive thyroid) ☐ Kidney disease
☐ Hypothyroid (underactive thyroid) ☐ Parathyroid disorder
☐ Eating disorder (Anorexia/bulimia) ☐ Rheumatoid arthritis
☐ Celiac disease ☐ Hypothalamic amenorrhea
☐ Chronic steroid use, type and duration: _____

6. Do you take supplemental calcium? ☐ 1000 mg ☐ 500 mg ☐ None

7. Do you take any medication for raising bone density

☐ Fosamax/Alendronate ☐ Fosamax D ☐ Boniva ☐ Actonel ☐ Evista
☐ Zometa ☐ Reclast

If so, how long? _____

Female patients only:

1. Have you gone through menopause? Y / N
2. Have you had a hysterectomy? Y / N
3. Have you had your ovaries removed? Y / N
4. Absence of menstruations (loss of period other than pregnancy or menopause)? Y / N
5. Do you take hormone therapy? Y / N
If so, what type? ☐ Premarin ☐ Estrogen ☐ Birth Control

Signature: _____ Date: _____